



Gateway to the Ocean

saint-nazaire
RENVERSANTE®

“ And just imagine: Saint-Nazaire,
the port, the docks, the ocean, the wind coming off the waves,
the sea spray that whips at your face... ”

Captain Haddock, The Seven Crystal Balls



Stunning?

There are some towns that we all know even without knowing them, without ever having set foot in them. Just speaking their names sets off a showreel of images in our minds.

Saint-Nazaire is one such town: we know it even before we've arrived. And while sometimes the pictures are better than reality, here it's the opposite: reality surpasses any images you might have seen.

Visiting the town and Brière wetlands means taking an unexpected journey, exploring a land of a thousand facets: urban and seaside, spectacular yet intimate, historic and innovative, industrial yet also bucolic. So, if you'd like to see the real Saint-Nazaire, take a look through this booklet of adventures and start making plans.

Can't wait to see you!

Saint-Nazaire and Brière wetlands

What's it like here?



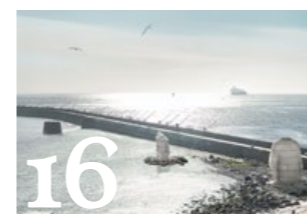
Sea, surf & sun



An archit-excellent town



In Saint-Nazaire port



A town with
no shortage of art



Gardener's word!



Brière, a return
to the source



Mouthwatering

“ Why Saint-Nazaire, particularly?
I feel really good here, I like the mindset here (...)
for me, it's just brilliant. ”

Guillaume Perret, saxophonist since forever, Saint-Nazaire resident only recently!

What else are we going to talk about?

How to get here p.04 - 05

A few facts and figures p.06

Local faces p.07

Special events p.08

What's new in 2024? p.09

Our top 3 walks p.22

Did you know...? p.23

Highlights p.26

All roads lead to Saint-Nazaire



16 high-speed trains each day Paris <-> Saint-Nazaire

As well as other regular trains from or to Angers, Rennes, Nantes and La Baule.

From the train station

You can get to the submarine base, museums and the big beach in:



20 mins on foot



8 mins by bike



10 mins by bus



5 mins by taxi



From Nantes Atlantique airport

Less than an hour's drive from Saint-Nazaire, with connections to more than 60 towns in France and Europe.



By flying saucer

To infinity and beyond!



By boat

Drop anchor in Saint-Nazaire and in the nearby marinas



By bike

Several different routes lead to and from this beautiful destination.

New The Velideale

The V93 meets Saint-Nazaire to form the Velideale, a new 'positive' cycle route focused on biodiversity. 638 km between Lac de Vassivière and Saint-Nazaire.

A route connected to 4 Regional Nature Parks and 9 cycle routes.

A modern journey through an old land

From Nantes to Mont-Saint-Michel, from the Atlantic to the English Channel, from land to sea, cycle through little-known heritage sites, secret beaches, natural landscapes and surprising works of art in 6 stages over 500 kilometres.

La Loire à vélo (The Loire by bike)

This itinerary of over 900 km leads you along France's longest river, the Loire, through two regions and six counties, from Cuffy (near Nevers) to Saint-Nazaire!



A few facts and figures

Stunning Saint-Nazaire is the brand of the tourist destination covering Saint-Nazaire and La Brière. The brand enables us to reveal and establish what the region is all about: unexpected, occasionally unknown and often surprising, both urban and coastal, spectacular and intimate, historic and innovative, industrial and pastoral. It promotes all the visits and attractions on offer through different experiences, relating to its highlights: the city, the port, the heritage, the sea and nature.


Saint-Nazaire Agglomération Tourisme is responsible for promoting the tourist destination and showcasing the heritage of Saint-Nazaire under the brand of Stunning Saint-Nazaire.

The destination of Stunning Saint-Nazaire encompasses 9 municipalities: Saint-Nazaire, Saint-André des Eaux, Saint-Joachim, Saint-Malo-de-Guersac, La Chapelle-des-Marais, Montoir-de-Bretagne, Trignac, Donges and Besné.

Since **1862**  
More than 170 boats have been built in the shipyards of Saint-Nazaire

 The longest bridge in France
3 356 m

20 
beaches and creeks

6 beaches with lifeguards
3 Blue Flag beaches
2 accessible beaches 

2nd
largest French wetland overing
123,000 acres



2,200 +
traditional thatched dwellings in Brière

123 ACRES 
of greenery in the landscaped park

5 monuments awarded remarkable contemporary architecture' status

Nearly 30 works of street art and art installations 

340,000 visitors per year across the whole of Stunning Saint-Nazaire's tourist package

5 visitor sites
3 industrial tours
1 heritage season
+ boat trips

Local faces



Travelling also means meeting the people who spend their lives in the area every day. While you can experience a new place through museums and sites, you get a new perspective through a glance, a smile or a friendly tip. These are the men and women with one thing in common: a love of their region.



Beluga XL Airbus Portrait
We're about to take off

Welcome on board... this is your Beluga speaking! You can often see these whale-nosed planes flying overhead. Come aboard the Beluga XL thanks to exclusive, unprecedented footage of this cargo plane.



Jean-Henri Pagnon Portrait
A story written long, long ago

Jean-Henri Pagnon works with great skill to create artisan knives using morta, the ancient bog-wood known as black gold. Passionate about Brière, he shares his craft and reveals its treasures.

Michaëlla Mahé-Gestin Portrait
O captain, my captain!

Working at sea has always been inevitable for this tugboat captain. Portrait of an astonishing woman in a little-known profession.



“La Brière is a very wild little patch of land... in terms of fauna, flora, light and its contrasting seasons (...) It's a land that brings its share of spectacle on an almost daily basis (...) and that's a real asset (...) Why go anywhere else?”

Jean-Henri Pagnon, artisan cutler

Stunning Portraits in Pictures
(French version)



www.saint-nazaire-tourisme.com/decouvrir/portraits-renversants/



Special events

Summer Beach Event July and August 2024

Every summer, the sea takes centre stage through a wide range of fun activities including sporting and cultural events, as well as celebrations, concerts and exhibitions, from the beaches to the local neighbourhoods.

New Grab a plate! Saturday 12th October 2024

The love of food is shared by all cultures, and gastronomic delights are a measure of a city's cultural wealth. The Grande Tablée event is all about sharing, aiming to create a welcoming atmosphere that is family-orientated.

Festival Les Escales 19th - 21st July 2024

This must-see music festival of western France, Les Escales calls contemporary music-lovers to drop anchor in Saint-Nazaire! On the island of Petit Maroc, the festival showcases many French and international artists.

Special Family week-end November 2024

Guided tours, workshops, musical shows and more: this family event is held in two of the town's flagship museums: the Ecomuseum and Escal'Atlantic.

Summer exhibition at LIFE from June to September 2024

To coincide with the Olympic Games, LIFE, located in the submarine base, is hosting the 'body and sport' exhibition previously shown at Paris' Cité des Sciences, along with a space dedicated to the icons of Saint-Nazaire's sporting heritage.

Festive Fairies December 2024

Every year, Saint-Nazaire gets all dressed up for the end-of-year celebrations. This year's programme is as long as a letter to Father Christmas, with festive illuminations, shows, luges, ice-skating, a Christmas Market and fireworks!

“ Les Escales is the festival of my life ”
Zaho de Sagazan talking on the French radio in July 2023

What's new in 2024

It's never too late to make new resolutions!

Find the right information This tardis-like Tourist Office has all you need

Like a tardis or tiny house, this reception area nestled in the heart of the Brière Regional Nature Park is clad in wood and thatch, reflecting local traditions. A veritable cabinet of curiosities revealing the special features of the wetlands, its morta, peat, flora and fauna.

Cycling the Velideale A new positive cycle route

Built around 4 regional nature parks, the Velideale passes through unspoilt landscapes steeped in history, such as Vassivière Lake, Limoges, Clisson, Nantes and Saint-Nazaire, its final (or first) stage.

Take to the skies at the Ecomuseum Up, up and away!

A new permanent exhibition at the Ecomuseum retraces the incredible aeronautical saga of Saint-Nazaire. This century of innovation, trials and expertise left us a significant industrial and technical legacy.

Eating fruit and veg An easy five-a-day

Two young Nazairians on an adventure across the ocean have returned home and dropped anchor in the port of Saint-Nazaire with a modern, sustainable cuisine, plant-based and local, at the heart of each dish!



Painting showing a seaplane and an A340 over the Saint-Nazaire estuary
Artist: Philippe Mitschké, painter.
Date: 1991
Photographer unknown. From the Collection of Saint-Nazaire Agglomération Tourisme - Ecomuseum



Sea surf & sun

What's a seaside holiday all about? In summer, it's the sun that caresses your skin, the warm sand underfoot, children laughing as they play with wooden games, the sweet smell of a caramel pancake, the paddleboard that glides over the water... In winter, it's the ocean spray on your face, a breath of fresh sea air, the pastel colours in the late afternoon, walks wrapped up warm on the seafront. In Saint-Nazaire, you can enjoy the sea all year round!



Scoop

1, 2, 3 beaches? No, Saint-Nazaire boasts 20 beaches and creeks, and 15 kilometres of coastline, traced by the famous GR® 34 coastal path, named The Customs Officers' Trail.

Top 3 Beaches

1 Grande plage

Wooden games, smart sunloungers in summer, and the *Place du Commando* just nearby where you can enjoy a crêpe or waffle with salted-butter caramel!

2 Plage de la Courance

There's nothing like the joys of watersports, with skimboards, paddleboards and wingfoils... surf's up, ace!!

3 Plage de Porcé

A creek nestled in greenery, for a deep breath of fresh air, summer or winter.



Drink in that view...

Le bar iodé

An incredible view over the Loire estuary, dishes bursting with seaside flavour, seafood, fish, and an original speciality: lobster burgers.

Le Transat

Between the seafront and the *Jardin des Plantes*, this bar-restaurant offers great views, and a menu of generous dishes that are colourful and irresistible!

Sous les palmiers, la plage

This is one of Saint-Nazaire's oldest bistros, now a cultural bar offering vegetarian lunches, exhibitions, concerts and games for youngsters.

Match

Do you want to meet a legend?

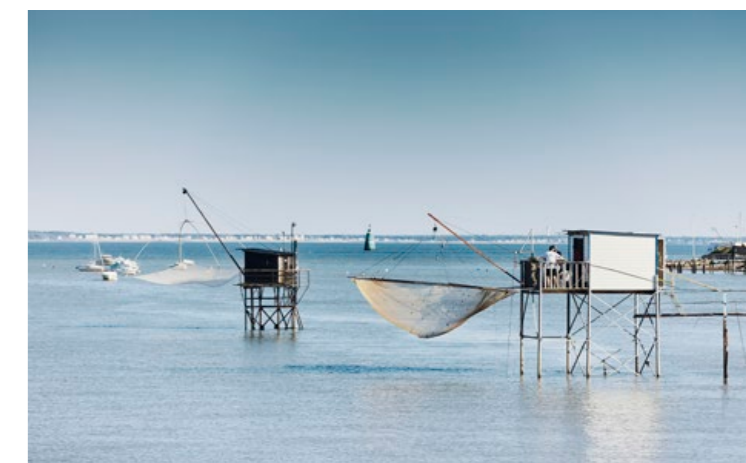
A middle-aged man, funny yet also discreet, an occasional smoker, he loves tennis and holidays by the sea. The man in the hat is easy to find in the seaside district of Saint-Marc-sur-Mer. He comes from a famous French film by Jacques Tati, called «Monsieur Hulot's Holiday» and has been immortalised as a statue by Emmanuel Debarre. Nowadays, this iconic character watches over the beach named after him: *la Plage de Monsieur Hulot!*



Fishing on stilts

No waders required

Nothing fishy going on here, just the chance to enjoy an unforgettable experience. These traditional fishing cabins on stilts, made of wood or steel, are icons of the Loire estuary landscape, and you can rent one. Try it out and see what the tide brings in!



An architect excellent town

Awarded the 'City of Art & History' label, Saint-Nazaire offers a wealth of heritage treasures, surprising and often little-known. Discover, listen to and experience these sites that allow you to understand the past and present of this incredibly unique town.

VILLES & PAYS D'ART & D'HISTOIRE

Is this Cuba?

With its colourful facades and exotic street names, The Havana district is right near the sea, inviting you to cross the Atlantic and the decades back to the Belle Époque, when transatlantic ships sailed as far as Cuba.

Reconstruction

After World War Two, Saint-Nazaire became a vast construction site. A bold new urban-development plan was rolled out, moving the city centre away from the port so both could expand.

Saint-Nazaire began its architectural reconstruction.

11th May 1945 The last French town to be liberated

85% of the town destroyed after World War Two

Between **1948 & 1962**

12,000 homes
120 km of roads
more than 100 public buildings
were rebuilt

Did you know?

The Saint-Nazaire bridge

With its elegant curve, its cables and its red-and-white colourway, this is France's longest bridge, connecting the two banks of the Loire estuary: 3,356 m between Saint-Nazaire and Saint-Brevin.

The raising plant

This remarkable brick building is a raising plant, and for 80 years it regulated the water level in the basins thanks to powerful machines that are still visible today.

The Sammy

Inaugurated in 1926, The Sammy is an American monument, sculpted by the artist Gertrude Vanderbilt Whitney to commemorate the arrival of American troops in Saint-Nazaire in 1917.



La Soucoupe

Nazaire's historic flying object

Since 1970, *La Soucoupe* has been an icon for sports in Saint-Nazaire but particularly for the creativity of its architects when the town was reconstructed. Shaped like a skullcap made of reinforced concrete, the 3,500-seat hall has welcomed French stars of yesteryear and continues to host cultural and sporting events.



The Market Halls

Above the market

Inaugurated in 1958 and designed by the architect Claude Dommée, the market is an architectural feat dating from the town's post-war reconstruction. The roof arches of reinforced concrete are glazed, creating a series of up-and-down slopes with a modern design that also brings in swathes of light. The market halls are open in the morning on Tuesday, Friday, Saturday and Sunday.



Concrete information

You can't miss it!

Built by the German army in just 16 months from 1941, the submarine base is a huge block, 300 metres long. A strategic element in the Battle of the Atlantic during World War Two, the base housed German U-Boats until 1945.

From April to November, you can visit the base thanks to two different trails: a guided tour and a sensory tour.



In Saint-Nazaire port

The history of this port city links it to the present and simultaneously projects it into the future. To better understand its DNA but also what also makes it unique, you need to delve into the city's transatlantic history. Uncover its secrets through museums, visits and explorations that are both fun and immersive.



Vue sur le bassin de Saint-Nazaire vers 1900
Photographie inconnu. Collection Saint-Nazaire Agglomération Tourisme - Ecomusee

Where it all began

Back in 1861, Saint-Nazaire's destiny changed forever. By becoming Nantes' outer port, then creating its first shipyards thanks to Scottish engineer John Scott, the town became a transatlantic port, and Brittany's 'little California' was born.

Escal'Atlantic museum

Saint-Nazaire has a history of building legendary cruise liners, such as the *Ile-de-France* (1927), *Normandie* (1935) and *France* (1962). This legacy is presented through 200 artefacts on board Escal'Atlantic, a liner-museum that takes visitors through the adventure of ocean-crossing giants. Immerse yourself in cabins, decks and engine rooms, and even sample cocktails in the 1st-class bar of the *France* cruiseliner.



✂ Behind the scenes

Don't miss this when you're in Saint-Nazaire! Take a guided tour of the three flagship sites of French industry, to the heart of exceptional expertise; shipbuilding at *Chantiers de l'Atlantique*, aircraft assembly at *Airbus Atlantic* and the organisation of the *Grand Port Maritime*, the top port on France's Atlantic coast.



All aboard the Espadon museum! Secret mission to the North Pole

The 77-metre-long Espadon was a French Navy submarine from the late 1950s, the first sub to dive under the ice pack for an experimental mission. This submarine museum has been totally restored to offer an immersive visit complete with audioguide available in 8 languages, and a tale especially designed for youngsters. It's the only one afloat in France!



Love boat Discovery cruises

From June to September, take your pick of boat trips on offer during the day, evening or night to enjoy a breathtaking view of Saint-Nazaire. It's a rare opportunity to see the town, its port, its wild and unspoilt coastline from a new perspective, and to get up close to the lighthouses or even France's first offshore wind farm!



Heritage Season

Once upon a time...

Curious, passionate, young and old, whether you've lived here all your life or you're here for the day, Heritage Season surprises visitors through an urban journey with several stops, including visits, tours, concerts, games, exhibitions and workshops. This annual programme offers original events for a deeper understanding of Saint-Nazaire's heritage, but also an entirely fresh perspective.

A town with no shortage of art



In Saint-Nazaire, art and culture come in many forms. As you stroll through the town, you're immediately plunged into an ocean of materials, colours and places: murals, sculptures, exhibitions, contemporary art and more. This is an on-trend city, bursting with colour!



Estu-art?

Estuaire Nantes <-> Saint-Nazaire is a permanent collection of 33 works of contemporary art. This open-air trail can be explored on foot, by bike or - in summer - on a boat trip. These three giant artworks are part of the landscape of Saint-Nazaire's port.

Œuvre Estuaire Nantes <-> Saint-Nazaire « Le pied, le pull-over et le système digestif » de Daniel Dewar et Grégory Gicquel - photographie : F. Tomps

'Carte blanche'

For life in the pink

Melbourne, Lima, Detroit and São Paulo. These great cities of the world have something in common with Saint-Nazaire: street art created by internationally renowned artists.

Since 2015, the festival 'Les Escales' has invited painters and graffiti artists to create giant murals on city buildings, creating art where you least expect it.



All the performing arts

The 'Zones Portuaires' Festival

The maritime world and harbour cities are the focus of this film festival thanks to a programme of documentaries, dramas, meetings and workshops.

The VIP

In Saint-Nazaire, the submarine base is also a renowned stage for contemporary music, a hotspot for the latest gigs and a small location with a huge billing!

La P'tite Scène des Halles

This café and its little stage next to the market host a weekly varied programme based on theatre, stand-up comedy and concerts!

Grand art

Le Grand Café

Located in a building dating from the late 1800s, *Le Grand Café* is a contemporary art centre of national importance, offering exhibitions featuring French and international artists, tours, conferences and more.



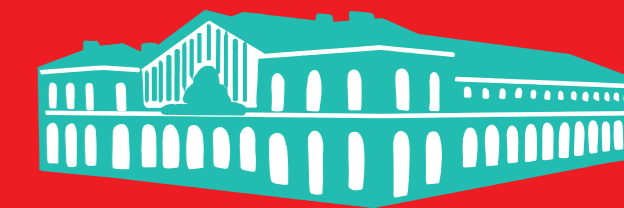
Very dramatic



Dating from 1867, this former train station was once the stage for a truly dramatic event. In 1943, American soldier Alan Magee fell over 6,000 metres from a burning bomber, with no parachute.

His life was saved by his clothes and the glass roof of the old station!

In 2012, the old station was given a makeover and became the *Théâtre Simone Veil*. Nowadays, this national theatre hosts events all year round, from circus, dance and songs to youth workshops and classical recitals.



Bathing

Bain Public

Located in the town centre's former public baths, *Bain Public* welcomes artists in residence, giving space for creating and experimenting. Events are organised throughout the year so the public can bathe in the world of the artists and enjoy unique cultural experiences.

Gardeners' World

Saint-Nazaire is a seaside town with its feet firmly on the ground! As a garden city on the seaside, it offers countless pockets of nature, big and small. Parks, gardens and ponds unite green and blue in a dazzling local palette.



Special event dedicated to nature

This is the 3rd year of the *Côté Nature* event and some great events are on the programme, from astonishing plant decorations to petting zoos, from an eco-merry-go-round to plant sales, plus a dance hall, all in the heart of this landscaped park!

Parc paysager

Landscaped gardens

Here's our very own Central Park - you don't have to cross the Atlantic! Its 123 acres include playgrounds, picnic areas, and a pond with fun, experimental facilities. These public gardens are the town's green lungs, constantly changing and growing.



Bois Joalland

If you go down to the woods today...

At over 100 acres, lake at Bois Joalland is the largest basin on the outskirts of town. Created in 1918 by the American army to supply the town with drinkable water, it offers a fabulous setting for sociable, fresh-air outings: 3 kilometres of trails, a watersports base for sailing and rowing, a 'pumptrack' challenge trail and a playground.



Spots that will do you good

L'envolée de la Chrysalide

This inclusive restaurant and its team offer a brief, original menu of fresh produce in a warm and welcoming setting, working with sound values.

Le Jardin

A real 'living' space that revolves around a café-canteen with healthy, organic and thoughtful dishes, as well as design and fashion boutiques.

Botanic gardens

An oasis of tranquillity since 1887, the *Jardin des Plantes* on Saint-Nazaire seafront is home to more than 300 species, a hundred or so varieties of tree, a rose garden and an exceptional seafront location. Visits, exhibitions and concerts flourish here all year round.



Pont de Paille base

Stick your oar in!

The River Brivet is the Loire's final tributary before the estuary, meandering for 35 km. Watersports fans can hire a canoe and lose themselves in nature. A guaranteed rush!

Brière, a return to the source



Just 15 minutes from Saint-Nazaire, Brière Regional Nature Park is an outstanding collection of natural habitats and wetlands. With its exceptional landscapes like no other, France's second-largest wetland lulls you into contemplation. It's a land of defined character, between modernity, craftsmanship and tradition.

And yet it's also...

A feeling of being at the edge of the world, a return to our roots, with just enough wind in the reeds to accompany the ballet of the birds...

Brière Regional Nature Park

2nd largest French wetland
123,000 acres



GRP®
Tour de Brière
offers nearly
68 km of trails to
explore the area

Brière has
more than
3,350
species
of flora and fauna



Over **2,200**
thatched buildings
the traditional local
dwelling



Made in Brière: our local specialities

Langouille sausage

While its name is hardly glamorous, this pork-based sausage dish is the star of local aperitifs, picnics, savoury pancakes and even raclettes.

Honey

Having roamed the region, Nicolas and Oxanne set down their suitcases and their hives in the wetlands where they now offer a divine nectar: Brière honey. And you won't be able to resist the gingerbread and nougat!

Beer

Quality ingredients, plus local, organic production: the Brassins Nazairiens breweries will tickle your taste buds. The only difficulty is what to choose first: l'Amarrée, the Quetsche, the Belle bleue or the Belle verte?

Messing about on the river On a flat-bottomed boat



The best way to explore the wetlands is in a chaland, the traditional, flat-bottomed boat that was once the main mode of transport within the Brière wetlands. Today, it enables you to discover the wetlands peacefully, admiring the beauty of the incredible plants and wildlife. In most of the Brière's little ports, you'll find chaland boaters ready to take you on board and tell you all about local history and traditions.



Brière's black gold My precious!

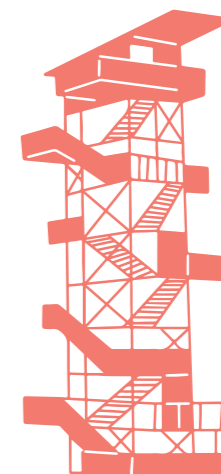
Morta wood - sometimes nicknamed Brière ebony - is partly-fossilised oak, the remains of a vast forest that covered this region over 5,000 years ago. Craftspeople use this precious, dark wood to create unique pieces of jewellery, knives and sculptures. It's as if our story is forever engraved in this unique wood: morta.



A bird's-eye view

Fine feathers

Rozé Port in Saint-Malo-de-Guersac is ideal for escaping to a bubble of well-being for any nature-lover looking for a spot of green tourism! The 24-metre lookout tower offers an exceptional view of the Brière wetlands, while the Pierre Constant nature reserve is a perfect nest for migrating birds, giving you the chance to observe them.



Our top 3 walks

Wherever your fancy, personality or happy chance may take you...

Trail 11

Are you a country cyclist?



By bike from Saint-Nazaire to Saint-Malo-de-Guersac

As you follow the old train route 10 km from Saint-Nazaire to Herbignac, the Brière wetlands gradually show themselves.

Along the way, you can:

- Pass the submarine base.
- Follow the River Brivet.
- Climb the 128 steps to Rozé lookout.
- Observe the many species of birds in the Pierre Constant nature reserve.

Departure point: Place du Commando
Outward journey: 40 mins without stopping
Distance: 10 km - Signposted trail
Return possible by public transport

Trail 14

Are you a coastal cyclist?



By bike from Saint-Nazaire to Pornichet

This unbeatable trail starts at Saint-Nazaire train station and leads all the way to Pornichet and La Baule bay.

On the way, you can:

- Follow the seafront of Saint-Nazaire.
- Go through Procé Woods.
- Wave to Monsieur Hulot's statue in Saint-Marc-sur-Mer.
- Explore Pornichet.

Departure point: Saint-Nazaire train station
Outward journey: 1hr 15 without stopping
Distance: 16 km - Signposted trail
Return possible by public transport

GR® 34

Hiking with a sea view?



On foot from Saint-Nazaire to Pornichet

A magnificent walk along the famous coastal path, along beaches and coves, in the heart of an unspoiled and often wild environment!

Along the way, you can :

- Check out the fishing boats at Trébézy.
- Take in the natural scents of resin and broom.
- Bathe on one of the beautiful Blue Flag beaches.
- Savour a drink on the beach.

Departure point: Villès-Martin beach
Outward journey: 4hrs without stopping
Distance: 15 km - Signposted trail
Return possible by public transport



Did you know..?

Here, we reveal certain stories... those that are whispered like secrets or - on the contrary - ones we shout to the skies. These juicy anecdotes add to the charm of our destination and give a better understanding of the area, while spicing up articles or reports!

Older than the pharaohs

A testament to Neolithic engineering, the Dissignac burial mound is one of the oldest but also most remarkable sites in the region. Built around 4300 BC by farming communities, this Neolithic tomb is actually older than Egypt's pyramids and is mostly open for visits in summer.



The lighthouse trail

When night falls, lighthouses and beacons light up all along the coast and offshore to guide the ships. Enjoy 'La route des phares', a guided boat trip that promises a magical experience deciphering the codes of nocturnal navigation, revealing a century of lights including *Grand-Charpentier*, *Tour du Commerce* and *Kerlédé*.



Too close for comfort

Aboard the submarine *Espadon*, there was no personal space. The crew of 57 to 65 men had to share everything! With only two bunks for every three crew, the beds were always occupied, with no time to cool down. Talk about a 'hotbed' of talent!

What does that mean? 'The Saint-Nazaire Pocket'



The summer of 1944 marked the start of the Allied liberation of France. Caught off-guard, the German army retreated to strategic locations: the main ports along the Atlantic seaboard, including Saint-Nazaire and its submarine base, which was a veritable fortress. When some 32,000 German soldiers established a front between Vilaine and Pornic, they enclosed an area of 1,800km² along with 124,000 civilians. This was the Saint-Nazaire Pocket.

After 4 years of war, and while France was being liberated elsewhere, the inhabitants had to endure 9 more months of occupation, with difficult living conditions including severe food restrictions, bombardments and no electricity. The Saint-Nazaire Pocket was officially liberated on 11 May 1945 following the German surrender, making it the last French territory to be liberated.

Mouth watering

As befits a true harbour town, Saint-Nazaire loves mixing it up. Here, you can travel with your taste buds thanks to recipes and specialities from all over the world.

Koutchoulou

A touch of Persian flavour, near the bridge

It could be the town's smallest restaurant, just a stone's throw from Saint-Nazaire!

In this Persian snack bar, Mandana showcases family recipes tweaked in her own way, blending cultures.

On the menu: Halloumi served with saffron-infused rice, a dessert of 'Rond jaune', a Breton shortbread served with cardamom jam.

Take flight at Le Papillon on the beach

Mélissa and Igor left London to unpack their suitcases and their bar-restaurant on the beach at Villès-Martin. On the menu: a great atmosphere and a view of the lighthouse!

Le Centre

A hint of Asia in Saint-Marc

In the heart of the seaside district of Saint-Marc-sur-Mer, *Le Centre* café-restaurant serves Asian-inspired food in supersize portions - and you can ask for a doggy bag!

It's also the ideal spot for Sunday morning coffee, during the market, or in the afternoon when you can listen to the nearby shows and concerts, to round off the weekend in style...

Dom-Tom

Creole zest in the port

What if we left mainland France and set sail for the islands? At *Dom-Tom*, everyone's on first-name terms, enjoying samosas or cod bites, washed down with one of the house rums - in moderation - and above all don't go getting tipsy on the marvellous chocolate mousse...

Alcohol abuse is dangerous for your health; please drink responsibly.

Do you know **Éric Guérin**?

Discover the stunning portrait of an unparalleled chef, hunter of flavours and stories.



A renowned chef, owner of *La Mare aux Oiseaux*, an artist in his spare time, nature-lover and travel enthusiast. This Michelin-starred chef settled down on Fédrun island in Saint-Joachim to create a flavourful nest in the heart of the Brière Regional Nature Park: *La Mare aux Oiseaux*.

Ever since his teens, Éric Guérin has been interested in cooking. Thanks to his grandmothers, he became familiar with great flavours. He attended a renowned catering school in Paris and, at the age of 20, became Pierre Joxe's private chef at the Ministry of Defence. In 1995, he opened his own hotel-restaurant in Saint-Joachim, on Fédrun island. His cuisine combines the flavours of land and sea, even the wetlands. Eric Guérin makes it a point of honour to use local produce, the gems of the region. Brière is at the heart of his creations.

The chef's dishes are inspired by his own life, the landscapes and other cultures that he encounters on his travels. His culinary creative process also involves drawing: he draws his recipes before bringing them to edible reality!

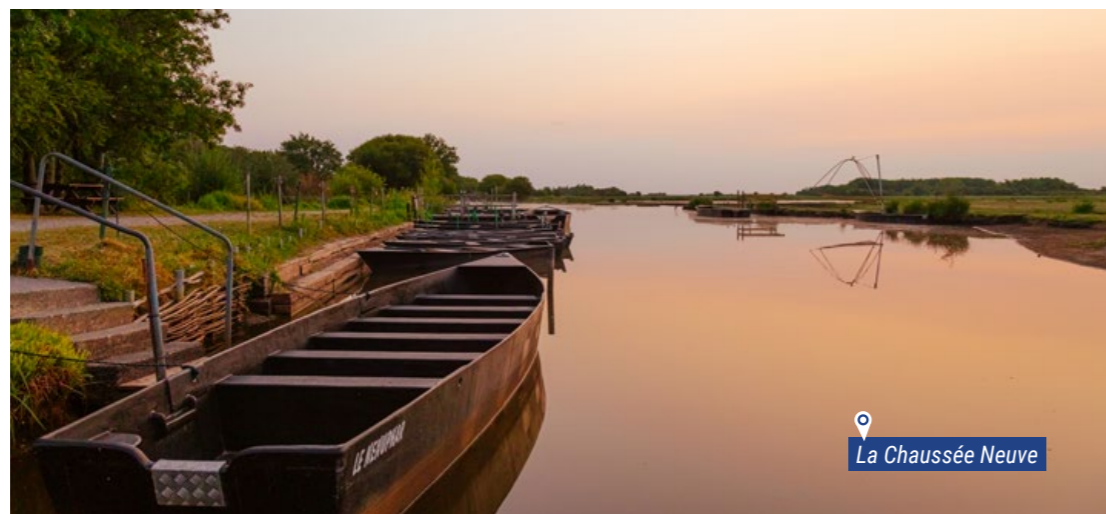
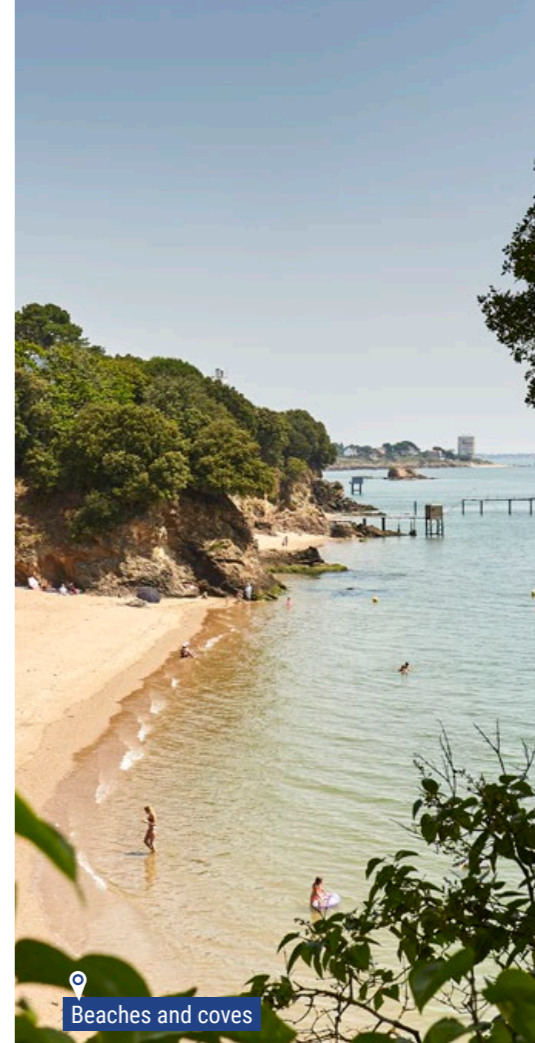
Drawing by Eric Guérin



“When I arrived here, the best part wasn't about coming to set up a restaurant, it was coming to live among the birds.”

Highlights

Saint-Nazaire and Brière





Aperit et nemo claudit. She opens and no one closes.

As befits a true harbour town, Saint-Nazaire is open to the world. This land of freshwater and seawater, between the estuary and the ocean, Saint-Nazaire and Brière take you on a quest for emotion and authenticity, helping you to create beautiful memories.

It's the doorway that beckons you to travel.

Beyond the threshold, a unique human adventure awaits.

It's like an escape from boredom, as if you have the key to new lands (and seas), with the ocean spreading before you.



Marie Bibard is the press officer for Stunning Saint-Nazaire. A treasure-hunter for local gems, she loves concocting press trips for journalists curious to find a destination that's flavourful and unusual.

tél. (+33) 02 28 54 08 05

tél. (+33) 06 89 88 29 05

bibardm@saint-nazaire-tourisme.com

saint-nazaire-tourisme.com
saint-nazaire-musees.com

'Hulot's haven : on Brittany's Atlantic Coast, the beach itself is the star.'

The Guardian

'Saint-Nazaire: the unexpected success of tours of the first offshore wind farm'

20 Minutes

'Happiness is in the Brière Wetlands'

Le Figaro

'The submarine base, a tourist curiosity to visit during the holidays'

France Info

saint-nazaire
agglomération
TOURISME® ...

SAINT-NAZAIRE

saint-nazaire
agglô

saint-nazaire
RENVERSANTE®



Création Saint-Nazaire Agglomération Tourisme - SPL au capital de 250 000 € - RCS Saint-Nazaire 828 620 831 - SIRET 828 620 831 00010 APE 7990Z TVA FR49 828620831 - IM044170008
Illustrations: E Landais - Crédits photos: G. J. Lin / A. Lamoureux / F. Makhlouf / M. Arteaga / G. Chauveau / C. Demora / M. Leduc / V. Bauza / F. Tomps / J. Bosger / A. Klose / A. Dréan / M. Lauray
Gamin / Découvrir ensemble / Ville de Saint-Nazaire / Photographe inconnu. Collection Saint-Nazaire Agglomération Tourisme - Ecomusée
C554 - 04/2024 - 50 ex. - Impression : Le Sillon - Ne pas jeter sur la voie publique. Document non contractuel.

